



## Psalm 1: Meditation Expands your Heart

*Gathering all generations  
to pray for all nations  
ASKing God to do what only He can do  
and doing whatever He ASKs of us.*

*ASKing for the Church to pray  
God's Heart for the Unsaved*

**If you have not already worked through the Basic Lessons, also found under Teaching Resources, it is recommended you do so, in order to get the most out of this and the other teaching lessons.**

**Suggestion:** Meditate to hear from God go back through Scripture and reread it. This can be as simple as your attention being drawn to a word, a phrase. Let God speak to you through your thoughts and impressions. Receive and response personally to what God is saying to you through the Word. If in a **group** share briefly so others can pray with you and you with them. Pray out everything that was received in meditation.

### **Psalm 1:1-3 details the blessings for those who meditate:**

They **walk** in the counsel of God; the ungodly walk in the counsel of the World, the flesh and the devil.

They **stand** with God and the saints for righteousness; the ungodly stand in the path of sinners.

They **sit** with God and the Word; the ungodly sit in the seat of the scornful.

### **v4 "The ungodly are not so, they are like the chaff which the wind drives away."**

The chaff is the worthless covering of the seed and other debris that is separated when threshing grain. The ungodly disregard God and His Word, have no root to keep them from falling, do not bear good fruit and are morally withered. The righteous are rooted in the Word, and will not be blown away and will stay on their path. The ungodly has no spiritual root to stand before God or with the saints, the believers and will be driven away to look for other things to satisfy life's hunger. They may never know salvation and sanctification.

### **v5 "Therefore the ungodly shall not stand in the judgment, nor sinners in the congregation of the righteous."**

The ungodly will be found guilty in the final judgment and has no rightful place with the righteous. They will be condemned to hell. You become righteous by accepting Jesus Christ as Lord of your life and Savior to take away your sins. It is a gift of grace.

### **v6 "For the LORD knows the way of the righteous, but the way of the ungodly shall perish."**

Without those who will pray for them, the ungodly will perish. God's heart is that all be saved and come to the knowledge of the truth, 1Timothy 2:4.

### **If you know God's heart you know it does not please Him when men die unsaved.**

**Ezekiel 18:23 "Do I have any pleasure at all that the wicked should die?" says the Lord GOD, and not that he should turn from his ways and live?** This takes an intercessor one who prays for others to stand in the gap, the breach sin has made between God and the sinner and ask for life.

**“For I have no pleasure in the death of one who dies, says the Lord GOD. Therefore, turn and live! “  
Ezekiel 18:32.**

**As Jesus said on the cross,**

**“Father, Forgive them, they know now what they do, Luke 23:34.**

**As Stephen said as he was being stoned and dying,**

**“Lord, do not charge them with this sin,” Acts 7:60.**

**As Paul said when he was abandoned at his first court hearing,**

**“May it not be charged against them,” 2 Timothy 4:16.**

**Because of God’s mercy,** if you pray according to God’s will for salvation, you will be assured that God hears and will answer, I John 5:14,15. Scripture says this prayer for salvation is good because it is in the center of God’s will for all men to be saved. It also says this prayer is good and acceptable to God, 1Timothy 2:3.

**Response:** Let God soften your heart through the Word to pray for the lost.

**Application:** Pray for the unsaved in your life. Pray for your son and daughter. Learn to expand your prayer to include all who are in need of salvation, pray for those who have no one to pray for them. Pray all become saved and come into all the benefits of the believing meditator in this Psalm.

If you have not gone through the Introductory Basis Lessons teaching on the different facets of Biblical Meditation, please consider this first to get the most out of the following lessons.