



## Ephesians 6: Armor of God

*Gathering all generations  
to pray for all nations  
ASKing God to do what only He can do  
and doing whatever He ASKs of us.*

*Ask for the Church, the worldwide Body of Christ  
to know the purpose of the Armor of God.*

**If you have not already worked through the Basic Lessons, also found under Teaching Resources, it is recommended you do so, in order to get the most out of this and the other teaching lessons.**

**Suggestion:** Read the lesson first, then meditate through the Scriptures. Ask the Holy Spirit to lead you and show you when to meditate. Respond to what you receive, note the scriptures, these are the basis of your prayers. In a group, take a brief sharing to see what others receive. Pray through all that was received.

When you were saved you became an enemy of Satan. The armor of God is given to protect you from the demonic world and enable you to stand for God and extend the kingdom of God. The armor is about delegated spiritual authority. Authority has nothing to do with feelings; it is a legal position through the finished work of the cross of Jesus Christ. Jesus stripped the enemy of authority. He has power but you have power and authority over him.

**Each piece of the armor is Jesus Christ and represents His authority.** You are told to put on this armor for protection to engage in warfare against the hierarchy of the satanic kingdom. When you were saved you became an enemy of Satan whether you are aware of it or not. By yourself you have no defense against the enemy. You have delegated authority as you are operating under the authority of Jesus Christ.

**Scripture shows Jesus is the Armor: truth, righteousness, peace, faith, salvation, word.**

**Belt of Truth** — I am the way, the **truth** and the life, John 14:6

**Breastplate of Righteousness** — **Righteousness** of God, 2 Corinthians 5:21

**Gospel of Peace** — He Himself is our **Peace**, Ephesians 2:14

**Shield of Faith** — The Author and Finisher of our **Faith**, Hebrews 12:2

**Helmet of Salvation** — Jesus; He will **save** His people from their sins, Hebrews 12:2

**Sword of the Spirit, the Word of God** — The **Word** was God, John 1:1

John links this to Genesis 1:1 speaking of Jesus as the Word of God showing His Divinity.

The sword of the Spirit is the spoken word of God, the rhema word in Ephesians 6:17.

**Context:** Ephesians 6:10 begins with the word, “Finally”. This is in context of being under submission to God and each other with God’s order in the family unit of children, wife and husband. To have authority, you must be under authority.

**v10 “Finally, my brethren, be strong in the Lord and in the power of His might.”** **Strong** is rooted in the dunamis word for **supernatural power**. It means be covered and continually strengthened in your union with Jesus. **Power** is kratos, dominion, strength. **Might** is forcefulness as you engage in this warfare with Jesus.

**v11 “Put on the whole armor of God, that you may be able to stand against the wiles of the devil.”** You need to be covered in the whole armor, the full weaponry of God. Our word strategem, strategy comes from the word **wiles** of the devil. **To stand against** is a military expression meaning to stand your ground, not retreat but defend a position, your home, your church. **Able** to stand is to be spiritually empowered to stand, from the Greek word *dunamai*. It means you are still standing after the battle. Stand defensively for truth, family, Church, the things of God. Able is used four times in this passage.

**v12 “For we do not wrestle against flesh and blood but against principalities, against powers authorities, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.”** In wrestling, your opponent tries to throw you down, pin you down, to make you ineffective. Our instructions are to stand and withstand, to resist and stand our ground, to be still standing when the conflict is over. Stand means to abide, to live in this armor. You are “able” to stand.

There are four ranks of Satan’s hierarchy listed here, **principalities** as first in rank (princes), **powers/authorities** are those whose influence you identify as evil over areas of influence or cities. There are **rulers of moral darkness of this age** and spiritual armies of wickedness in the heavenly places. Ezekiel 28:11-19 suggests there are principalities over leaders of countries as the King of Tyre, You can see these spiritual forces in culture; in beliefs, art, literature. You see these spirits reflected as stereotypes over areas and cities. These faces over San Francisco, Las Vegas, Hollywood, Washington, D.C. are recognizably different.

**v13 “Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.”** Wuest, a Greek scholar says **“take up”** is a military command to be obeyed at once and for all time. **Withstand** is to oppose and resist as we stand with Jesus. To take up the whole armor has covenant aspects as your obedience and involvement is required and above all, God’s power is necessary to enable you to take up the whole armor of God and live in it.

**Truth, righteousness, peace, faith, salvation, the Word are not natural to you in the flesh.** Peace and faith are fruits of the Holy Spirit. You are dependent on God to live in truth, peace, faith, the fullness of salvation, and the Word. Righteousness is a legal position through Jesus Christ and is a constant but the enemy tries to make you feel that you are no longer righteous when you sin. Fellowship with God suffers until you repent.

Looking at the armor as a way of life means you live in it. **“Putting on the armor”** at different times would be to remind yourself and the enemy of these promises of God.

**v14 “Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness,”** All the weaponry is held in place with this girdle or belt of truth. This speaks of **living in truth** as you live in daily obedience to the Holy Spirit. To live in the truth God reveals to you is your responsibility. Truthfulness with God and others is a mark of your character as a Christian.

**v15 “and your feet shod with the preparation of the gospel of peace;”** **Peace** in Greek means to join, to make one again. It speaks of the wholeness that comes with being saved and being in right standing with God. Jesus’ violent death on the cross was the **preparation** making possible a life of peace, a oneness with God. The **shod feet**, the shoes speak of your Christian walk. Knowing God and having ongoing fellowship keeps you firmly grounded, knowing who you are in Jesus Christ and being able to stand, withstand, and still be standing through demonic attacks.

**v16 “Above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one.”** Keep your faith strong through the Word. Faith will not believe or fall before the fiery darts, the accusations and attacks of the enemy. This is the third mention of “able” as that supernatural enablement. God supplies; you obey.

Lies of the enemy are like **fiery darts**, searing your mind and emotions as they repeat over and over. Faith strong in God’s Word will quench these attacks. Jesus quenched this attack using the Word of God when He was in the desert 40 days being tested by the devil, Luke 4:1-13.

**v17 “And take the helmet of salvation and the sword of the Spirit, which is the word of God.”** The **helmet** would be the protection for the mind, to have the mind of Christ in dependency for the battle. Your part is to listen to the Holy Spirit directions and not depend on past battle plans. ASK for discernment, wisdom and rely on the Holy Spirit.

The **sword** of the Spirit is the rhema Word of God, the specific spoken word as a sword for a specific situation as given by the Holy Spirit. The believer’s responsibility is to be directed by the Holy Spirit. Jesus used the sword of His mouth in Revelation 1 and 2 verse 16 for war, to bring repentance in the Seven Churches. The sword word is sharper than a two-edged sword and it also acts as a two edged sword in that it convicts the intercessor if need be as well as pulling down the stronghold it is sent against. Hebrew 4:12 says the word is living, full of power and discerns the thoughts and intents of the heart. This word keeps you clean as well as being your main weapon against the plans of the enemy.

**James 4:6-7 God resists the proud, but gives grace to the humble. <sup>v7</sup> Therefore, submit to God, resist the devil and he will flee from you.”** It is good to remember this as you live in the armor. ASK

**Ephesians 6:18 “Praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints.”**

Prayer is the battle using the weapons of truth that sets free, the peace that takes ground, the faith that activates the word, **Prayer** is general prayer, **supplication** is continuing, ongoing prayer, that is bound to the heart. **Being watchful** here is to keep awake, attentive and vigilant day or night when you are called to prayer. **Perseverance** means constant attention to prayer and supplication for the Church, the Body of Christ as they advance the kingdom of God on earth.

It is comforting to know Jesus has dealt with the enemy.

**Colossians 1:13 He has delivered us from the power of darkness and conveyed us into the kingdom of the Son of His love, in whom we have redemption through His blood, the forgiveness of sins.”**

**Colossians 2:9 For in Him/Jesus dwells all the fullness of the Godhead bodily <sup>v10</sup> and you are complete in Him, who is the head of all principality and power. <sup>v15</sup> Having disarmed principalities and powers, He made a public spectacle of them, triumphing over them in it.”**

**Response:** There is the definite need of an understanding response here. You can decide you want no part of this but that will not keep you safe from demonic attack. The best thing is to learn to protect yourself and others because the attacks will come. Ask Holy Spirit to teach you.

Go back and reread the Scriptures, meditate on and **respond** to each piece of the armor as it represents a life protected and armed to resist demonic attacks in Jesus as well as to take spiritual ground, as bringing souls into the Kingdom of God. As the Church, we are given power and authority to advance the kingdom of God, to see answers to our prayers that impact society.

**Application:** Pray out the truths you received for the Church, the Body of Christ worldwide. You will be strengthened as well.